



Occupational Therapist Job Description

Job Title: Occupational Therapist

Main Purpose of the Job:

Assess, design, and implement tailored intervention plans for individuals affected by illness, injury, developmental disorders, and emotional or psychological problems to enhance the Client's quality of life.

Duties and Responsibilities:

- Assess and evaluate the Client's functional abilities and limitations to determine personalized plans.
- Collaborate with healthcare professionals, clients, and families to create goal-orientated rehabilitation programs.
- Maintain accurate documentation, including progress notes and treatment plans to ensure compliance with the regulatory requirements and practice standards in accordance with the College of Health and Care Professionals of British Columbia.
- Maintain knowledge of current industry advancements, professional standards and practice.
- Uphold ethical standards and adhere to legal requirements in all aspects of practice, including confidentiality and informed consent.
- May be required to train and supervise support personnel and students.

Qualifications:

- Bachelor's or master's degree in occupational therapy from an accredited institution.
- Registration with the College of Health and Care Professionals of British Columbia.
- Independent competencies in assessing, standardized testing, formulating treatment plans, and implementing interventions.
- Proficiency in utilizing various therapeutic techniques, assistive devices, and adaptive strategies.
- Maintain detailed records and ensure adherence to ethical and legal standards of the practice.
- Knowledge of body mechanics for moving, lifting, and transferring clients with dual safety.
- A high level of fluency in the English language, both spoken and written, to communicate effectively and write succinct, comprehensive reports.

- Strong interpersonal skills to effectively engage with Clients' families and teams.
- Advanced critical thinking and problem solving skills.
- Commitment to improving and developing professional skills.

Key Responsibilities

- Conduct comprehensive assessments and evaluations of clients' functional abilities and limitations.
- Develop and implement goal-orientated, evidence-based rehabilitation programs in collaboration with clients, families, and interdisciplinary healthcare teams.
- Provide hands-on therapeutic interventions utilizing a variety of techniques, assistive devices, and adaptive strategies.
- Maintain meticulous, accurate, and succinct documentation, including progress notes and treatment plans, ensuring full compliance with the College of Health and Care Professionals of British Columbia (CHCPBC) standards and regulatory requirements.
- Supervise and train support personnel (Volunteers, OT Assistants) and students as required.
- Commit to ongoing professional development and staying current with industry advancements and practice standards.
- Uphold the highest ethical standards, ensuring client confidentiality and informed consent in all aspects of practice.

Qualifications & Experience

Requirement	Details
Education	Bachelor's or Master's degree in Occupational Therapy from an accredited institution.
Registration	Current, active registration with the College of Health and Care Professionals of British Columbia (CHCPBC).
Competencies	Independent competencies in standardized testing, assessment, treatment plan formulation, and intervention implementation.
Skills	Proficiency in therapeutic techniques, use of assistive devices, and adaptive strategies. Advanced critical thinking and problem-solving skills.
Communication	High level of fluency in written and spoken English for effective communication and report writing. Strong interpersonal skills for engaging with clients, families, and team members.
Safety	Knowledge of proper body mechanics for moving, lifting (20-30 lbs), and transferring clients safely.
Commitment	Demonstrated commitment to professional growth and continuous skill improvement.

Working Environment & Physical Requirements

This role is physically active and fast-paced, requiring stamina and rapid response capabilities to ensure client safety within a therapeutic setting.

- **Client Focus:** Treating clients aged 1-19 years with various developmental conditions.
- **Physical Demands:** Must be able to stand, bend, and lift 20-30 pounds repeatedly throughout the day. Must possess the physical stamina to move quickly during

45-minute intervals (5-6 times daily) and provide fast, effective physical intervention when necessary.

- **Emotional/Mental Demands:** Requires strong mental and emotional resilience and excellent judgment to assess and treat vulnerable children, including those with developmental disabilities and histories of trauma, and to modify treatment plans based on ongoing client assessment.